

Request for Information

Yes, we are interested in hosting a Transition to Success program at our facility listed below.

Name _____ Title _____

Employer _____

Address _____

City _____ State _____ Zip _____

Phone _____ Alternate Phone No. _____

Fax _____ Email Address _____

of Anticipated Participants _____

Return To



New Jersey State Nurses Association
Institute for Nursing

Att: Sharon Rainer (x.22) or Dr. Ann Curley (x.23)
1479 Pennington Road
Trenton, NJ 08618
609-883-5335 Fax 609-883-5343



To Learn More About NJSNA & IFN Visit:
www.njsna.org

“As we develop our workplace advocacy program in New Jersey, this is a key offering which we think meets a great need in hospitals and will be extremely helpful to nurses.”

-Andrea Aughenbagh, CEO, NJSNA

“We want nurses to be confident and successful in management and leadership roles.”

-Sharon Rainer, Deputy Executive Director, NJSNA



New Jersey State Nurses Association

Transition to Success



Enhancing Leadership Skills
for Nurses

Institute for Nursing

THE PROGRAM

Whether already in a leadership role, getting ready to take the plunge, or just considering future possibilities, Transition to Success—Enhancing Leadership Skills provides tools, strategies, and real world skills to become an effective leader in a challenging and ever-changing healthcare arena.

ABOUT THE MODULES

The program consists of 4 modules that run from 4-4 1/2 hours each. They have been designed to compliment one another and provide a comprehensive leadership enhancement experience. The modules can be used in several ways:

1. All 4 modules presented in 2 consecutive 8-hour days for a total leadership immersion experience.
2. All 4 modules presented as 1/2 day programs, each several days or weeks apart. Participants will be given specific assignments to be completed between sessions including an ongoing journaling assignment. This would allow time to implement strategies learned between classes and discuss experiences at subsequent sessions.
3. Any one module by itself. While each module is interactive, all modules can be expanded for an even greater interactive experience.
4. Any combination of modules.

SEMINAR LEADER

Donna Cardillo, RN, MA is president of Cardillo & Associates. She has over 30 years of clinical, business, and managerial experience in nursing and healthcare. Ms. Cardillo is an accomplished speaker, trainer and master motivator. She is author of *The Ultimate Career Guide for Nurses* and *Your 1st Year as a Nurse*.

Donna is also the Dear Donna columnist for Nursing Spectrum and NurseWeek magazines and at www.nurse.com.

Donna was designated a *Diva in Nursing* by the Institute for Nursing for outstanding achievements and excellence in practice.



FOR MORE INFORMATION ABOUT DONNA CARDILLO VISIT:
WWW.DCARDILLO.COM

MODULE 1: MAKING THE TRANSITION

Before nurses can begin to learn and integrate leadership skills into their practice, they must first come to terms with their own views, prejudices, and preconceived notions of nursing management and leadership. Each nurse must do an honest self-assessment of their strengths, skills, weaknesses, and fears and create an action plan for a successful transition.

MODULE 2: MOVING TOWARD A MANAGERIAL IDENTITY

Taking on a managerial roles involves much more than a new office and new title. It requires a fundamental shift in perspective and focus—from the delivery of care to the delegation of care. It involves a physical, behavioral, and philosophical transformation involving an expanded skill set.

MODULE 3: MANAGING PEOPLE/GETTING THE JOB DONE

The manager's most important role is developing and leading an effective team. That entails creating a work environment where staff feels supported, validated, and appreciated. It necessitates communication of goals, buy-in from team members, and management of problems and challenges.

MODULE 4: HOW TO GET YOUR MESSAGE ACROSS

Clear, effective, and persuasive communication is the foundation of all success. It is a vital skill for an effective leader. Whether preparing a memo, e-mail communication or written proposal, or making a presentation to a group or one individual, professional writing and speaking skills increase confidence and credibility.

Be a strong leader...participate in the Transition to Success program and start putting your new skills to work immediately!

ACCREDITATION



The Institute for Nursing has been approved by the New Jersey Department of Education as a Professional Development Provider ID # 1199.

The Institute for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.